



“Going Forth” retreat for high school seniors preparing for college

Scripture theme verse: “Be awake to all the dangers; stay firm in the faith; be brave and be strong. Let everything you do be done in love.” (1 Corinthians 16:13–14, Jerusalem Bible)

Schedule for the day at Gilmary Center, Saturday, May 12, 2012

- 9:00:am Opening prayer and orientation
- 9:15 to 10:15 Presentation: “Awake to the Dangers and Staying Firm in the Faith” and a personal testimony.
- 10:15 to 10:30 Break
- 10:30 to 11:30 Presentation: “Be Brave, Be Strong, and Do It with Love” and a personal testimony.
- 11:30 to 12:30 Lunch and free time
- 12:30 to 1:30 Presentation: “Decision Making” and a personal testimony.
- 1:30 to 2:00 Adoration and prayer in the Chapel
- 2:00 to 2:15 Wrap-up and dismissal

Summary of presentations*

First Presentation: “Awake to the Dangers and Staying Firm in the Faith.” This first talk will focus on personal aspects of maintaining a firm faith at college, covering:

- Challenges student will face at college, especially of a moral and spiritual nature
- What to do to stay firm in the Faith and to grow in it during college
- Where to find support for your Catholic Faith on campus
- Practical plan of life while in college, starting in the freshman year (prayer, Mass, etc.)

Second Presentation: “Be Brave, Be Strong, and Act with Love.” This talk will focus on the mission/apostolic aspects of the faith covering:

- Dealing with challenges to your faith
 - ◊ In the classroom
 - ◊ From proselytizers
- Top challenging questions and their answers
- What does it mean to be a disciple of Jesus
- Being a witness by word and deed

Third presentation: “Decision Making” covering:

- Living the demands of Baptism and Confirmation
- How to make godly, prudent decisions

Typical packet of information provided to each attendee:

“Why Should I Go to Mass?” (National Catholic Register)

“Why Confession?” (National Catholic Register)

“Questions Catholics Are Asked” (OSV)

For young men: “20 Ways for Young Men to Become Real Men” (One More Soul)

For young women: “20 Ways for Young Women to Claim the Respect They Deserve” (One More Soul)

“Keys to Decision Making” (Regis Flaherty)

Cost: \$12 per person (Price includes stipends for speakers, materials, lunch, use of facility and a *25% discount on Gilmary’s normal fees.*)

Note: Gilmary can bring the entire one-day program or any individual talk/presentation to your location. Call Gilmary for pricing and scheduling.

Gilmary Center

601 Flaugherty Run Road; Coraopolis, PA 15108

5 minutes from the Greater Pittsburgh Airport

412-264-8400 & info@gilmarycenter.org

on the web: www.gilmarycenter.org

* “Going Forth” has been reviewed and approved by the Secretariat for Catholic Education, Diocese of Pittsburgh

Registration Form

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Saturday, May 12, 2012; 9:00 am–2:15 pm

Fee: \$12.00 per person (fee includes all materials and lunch)

Deadline for registration: Monday, May 7, 2012

Gilmary Catholic Retreat Center

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Mail your reservation with check made payable to
The Maronda Foundation, c/o Gilmary Retreat Center
601 Flaugherty Run Rd., Coraopolis, PA 15108

To register a group, please call Lilli at 412-264-8400

Name(s): _____

Please note if you have special dietary needs:

Address _____

Phone _____ Email _____

Amount Enclosed \$ _____

Questions? 412-264-8400 or info@gilmarycenter.org

Gilmary Center/Maronda Foundation

601 Flaugherty Run Road

Coraopolis, PA 15108

412-264-8400

info@gilmarycenter.org

Hold Harmless / Individual

And now this _____ day of _____, 20 _____, intending to be legally bound hereby, and in consideration of the permission and license granted, the undersigned agrees to indemnify and hold harmless Gilmary Center, the Maronda Foundation, and the officers, agents, and employees of Gilmary Center and of the Maronda Foundation, from any and all liability for personal injuries (including death) and property losses or damage occasioned by, or in connection with any use of the playing field, facilities, or property of Gilmary Center, 601 Flaugherty Run Road, Coraopolis, PA. The undersigned further agrees to abide by all the rules and regulations promulgated by Gilmary Center for the use of the licensed premises.

Date Signed

Please print name of Participant

Organization Name

Signature of Participant

(If under 18 years of age-
signature of parent/guardian)

Waiver/Photograph Release:

I authorize the Gilmary Center/Maronda Foundation to use photos, and or other likeness' of myself and or my child or the child for whom I have legal guardianship for any promotional materials regarding Gilmary Center/Maronda Foundation programs, facilities, or services. Such likeness' will not be sold to other parties. Promotional materials bearing these likenesses may be distributed for free to the public and posted on the Gilmary Center website. The Gilmary Center/Maronda Foundation reserves the right to use any photo or likeness for a time period beginning when this form is signed and ending upon written request of child's parent or legal guardian.

Participant's or parent's Signature _____